

Personal Qualities

by Mark Gillan

1. Select about 5 from this list

Sincere	Happy	Pleasant
Honest	Clean	Courteous
Understanding	Interesting	Quick-Witted
Loyal	Unselfish	Tactful
Truthful	Good-Humored	Helpful
Trustworthy	Honorable	Appreciative
Intelligent	Humorous	Imaginative
Dependable	Responsible	Outstanding
Open-Minded	Cheerful	Self-Disciplined
Thoughtful	Trustful	Brilliant
Wise	Warm-Hearted	Enthusiastic
Considerate	Broad-Minded	Level-Headed
Good-Natured	Gentle	Polite
Reliable	Well-Spoken	Original
Mature	Educated	Smart

2. Select about 5 from this list

Efficient	Versatile	Clean-Cut
Good-Tempered	Capable	Generous
Grateful	Courageous	Sympathetic
Conscientious	Constructive	Energetic
Resourceful	Productive	High-Spirited
Alert	Progressive	Self-Controlled
Good	Individualistic	Tender
Kindly	Lively	Respectable
Admirable	Neat	Inventive
Patient	Punctual	Wholesome
Talented	Logical	Congenial
Perceptive	Prompt	Cordial
Spirited	Accurate	Experienced
Sportsmanlike	Sensible	Attentive
Well-Mannered	Creative	Cultured
Cooperative	Self-Reliant	Frank

3. Select about 5 from this list

Warm	Reasonable	Forgiving
Earnest	Companionable	Sharp-Witted
Kind	Likable	Well-Read
Friendly	Trusting	Ambitious
Kind-Hearted	Clever	Bright
Respectful	Intellectual	Amusing
Ethical	Tolerant	Purposeful
Decent	Gracious	Self-Confident
Diligent	Able	Cool-Headed
Realist	Nice	Studious
Eager	Agreeable	Adventuresome
Poised	Skilled	Discreet
Competent	Curious	Informal
Realistic	Modern	Thorough
Amiable	Charming	Exuberant
Optimistic	Sociable	Inquisitive

4. Select about 5 from this list

Vigorous	Modest	Easygoing
Entertaining	Decisive	Outgoing
Adventurous	Humble	Self-Sufficient
Vivacious	Tidy	Casual
Composed	Popular	Consistent
Relaxed	Upright	Moral
Romantic	Literary	Self-Assured
Proficient	Practical	Untiring
Rational	Light-Hearted	Hopeful
Skillful	Well-Bred	Calm
Enterprising	Refined	Strong-Minded
Positive	Disciplined	Middleclass
Confident	Serious	Lucky
Artistic	Definite	Proud

5. Select about 5 from this list

Precise	Convincing	Sensitive
Scientific	Persuasive	Moralistic
Orderly	Obedient	Talkative
Social	Quick	Excited
Direct	Sophisticated	Moderate
Careful	Thrifty	Satirical
Candid	Sentimental	Prudent
Comical	Objective	Reserved
Obliging	Nonconforming	Persistent
Self-Critical	Righteous	Meticulous
Fashionable	Mathematical	Unconventional
Religious	Meditative	Deliberate
Soft-Hearted	Fearless	Painstaking
Dignified	Systematic	Bold
Philosophical	Subtle	Suave
Idealistic	Normal	Cautious
Soft-Spoken	Daring	Innocent
Inoffensive	Self-Righteous	Extravagant

6. Select about 5 from this list

Shrewd	Average	Forceful
Methodical	Discriminating	Cunning
Nonchalant	Emotional	Inexperienced
Self-Contented	Unlucky	Unmethodical
Perfectionistic	Bashful	Daredevil
Forward	Self-Concerned	Wordy
Excitable	Authoritative	Daydreamer
Outspoken	Lonesome	Conventional
Prideful	Restless	Materialistic
Quiet	Choosy	Self-Satisfied
Impulsive	Self-Possessed	Rebellious
Aggressive	Naive	Eccentric
Changeable	Opportunist	Opinionated
Conservative	Theatrical	Stern
Shy	Unsophisticated	Lonely

7. Select about 5 from this list

Hesitant	Impressionable	Dependent
Unpredictable	Ordinary	Unsystematic
Solemn	Strict	Self-Conscious
Blunt	Skeptical	Undecided
Clownish	Forgetful	Impractical
Anxious	Inhibited	Withdrawn
Conforming	Unskilled	Unadventurous
Critical	Crafty	Sarcastic
Conformist	Passive	Sad
Radical	Immodest	Unemotional
Dissatisfied	Unpopular	Worrying
Old-Fashioned	Timid	High-Strung
Meek	Spendthrift	Unoriginal
Frivolous	Temperamental	Unpoised
Discontented	Gullible	Compulsive
Troubled	Indecisive	Worrier
Irreligious	Silly	Demanding
Overcautious	Submissive	Unhappy
Silent	Unstudious	Indifferent

8. Select about 5 from this list

Tough	Preoccupied	Uncultured
Ungraceful	Tense	Clumsy
Argumentative	Fearful	Insecure
Withdrawing	Unromantic	Unentertaining
Melancholy	Inaccurate	Angry
Mediocre	Noninquisitive	Listless
Obstinate	Unagreeable	Uninspiring
Unhealthy	Jumpy	Unintelligent
Headstrong	Possessive	Domineering
Nervous	Purposeless	Scolding
Nonconfident	Moody	Depressed
Stubborn	Unenterprising	Unobliging
Unimaginative	Unintellectual	Pessimistic
Unobservant	Oversensitive	Boisterous
Inconsistent	Inefficient	Suspicious
Unpunctual	Reckless	Inattentive
Unindustrious	Pompous	Overconfident
Disturbed	Uncongenial	Smug