



EXERCISE: PHONE ADDICTION READING

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EXERCISE INSTRUCTIONS

- Let's put into practice the learning so far.
- Read over the article for phone addiction, carefully divulging the text before looking at the questions.
- Pretend the person marking your answers is a numpty who hasn't read the leaflet before.
- Use your reading toolkit to assist with the evaluation.
- Answer the questions on the next page.



SECTION ONE OF TWO

1. The text states how people can become hooked. Summarise this information.
2. In your own words, summarise how to become happy and not totally happy.
3. Why is it a good idea not to lie to yourself about how much time you spend on screens.
4. Why can pausing and paying attention to how you are feeling when you look at your phone be a good thing?
5. In your own words, explain how to deal with emails.
6. Why should you dump those notifications?

Remember to use your toolkit to help you.

See Section TWO next page ...



SECTION TWO OF TWO

To what extent is this text effective?

Think about its purpose(s) and its intended readers. You should consider the following when making your decision about how effective the text is:

- The extent to which the content (information/ideas) contained is suitable, accurate and sufficient for the purpose(s) and intended reader.
- The suitability of language and style for the purpose(s) and intended reader.
- Whether or not the way the text is laid out (e.g. an eye-catching title/heading, clearly defined sections, good balance of text and pictures, use of colour, font and font size etc.) is appropriate for the purpose(s) and intended reader.

Remember, this should be your longest answer.

You should aim to make at least three points backed up by referring to the text (e.g. examples and/or quotes)



COMPLETION

- This exercise should take you around half an hour.
- Remember, upon completion place your answer / evaluation using the toolkit into the relevant folder on your One Drive share, naming the file: **2-Phone**
- End of exercise.

